

Run & Splash Fundamentals



Join us for a fun parented program where children get the opportunity to learn the fundamentals of physical literacy on ground and in water.

This six-week program will focus on the mastery of these fundamental skills to encourage staying active for life. Three weeks will be spent on the Simcoe Recreational Centre Multi-Purpose Floor and three in the Annaleise Carr Aquatic Centre Pool (alternating weeks).

Children are to be under the direct supervision of their accompanying caregiver at all times. All those in attendance are asked to dress accordingly to program (proper swimwear, indoor and non-slip running shoes, comfortable clothing). 30 months-4 yrs
Pre-Registration Required

Simcoe Recreation Centre Multi-Purpose Floor

Fridays

March 24-May 5

10:30 a.m.-11:30 a.m.

10:15 a.m.-11:15 a.m. (pool sessions)

\$25.00

Exclusion dates: April 7

SRC Multi-Purpose Floor Dates: March 24, April 21 & May 5

ACAC Pool Dates: March 31, April 14 & 28

10:15 a.m.-11:15 a.m.

To register: www.norfolkcounty.ca/living/parks-and-recreation
via ENCORE or by telephone at 519-426-5870 x 2233



Scan for
more info!

Norfolk
COUNTY